

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00- Pool Time w/ Jen (POOL) 1 11:00- LIVE YOGA w/ JEN (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- Valentine POM POM Wreath Making (CAS) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	9:00am- Pool Time w/ Jen (POOL)2 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 1:30-2:30- Energize Exercise (LF) 2:00- HEART DOOR HANGING PAINTING w/ Tara (CAS) 2:30- Fit Minds w/ Shannon & Jen 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX) Groundhog Day	10:30- Aromatherapy & Meditation3 w/ Jen (Chapel) 11:00- Game Fitness Hour w/ Jen (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- THE VILLAS ART SHOW (RHPAC) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	11:00- Virtual Chair Yoga 4 11:30- Mini Crosswords w/ Brooke 2:00- Painting w/ Brooke & Shannon (CAS) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)
10:00- Sunday Morning Prayers & Quiet Hour (Chapel) 5 11:00- Virtual Chair Yoga (RHPAC) 12:30-3:30- BIG BINGO EVENT! (RHPAC) 3:30-5:00- Social Hour (200) 6:30pm- Movie (MAX)	10:00- Pool Time w/ Jen (POOL) 6 11:00- LIVE YOGA w/ JEN (RHPAC) 1:00- Mahjong Game (MCR) 1:30- Open Gym w/ Jen (LF) 2:00- Head's Up w/ Gianna (MCR) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	9:00am- Pool Time w/ Jen (POOL) 7 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:00-JEWISH SERVICE w/ Rabbi Moshe (RHPAC) 11:15- Open Gym & Table (LF) 1:30-2:30- Open Revite Wellness Room 2:00- Resident Council Meeting (RHPAC) 3:30-5:00-Social Hour & LIVE MUSIC w/ ONE MAN BAND RICH (200) 6:30pm- Movie (MAX)	10:00- Pool Time w/ Jen (POOL) 8 11:00- LIVE YOGA w/ JEN (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- Jewelry Making w/ Tara (CAS) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	9:00am- Pool Time w/ Jen (POOL)9 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 1:30-2:30- Energize Exercise (LF) 2:00- Valentine's Day Decoupage w/ Connie B (CAS) 2:30- Fit Minds w/ Shannon & Jen 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	10:30- Aromatherapy & Meditation10 w/ Jen (Chapel) 11:00- Game Fitness Hour w/ Jen (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- Valentine's Day Sugar Cookie Decorating w/ Gianna (RHPAC) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	11:00- Virtual Chair Yoga 11 11:30- Mini Crosswords w/ Shannon 2:00- Painting w/ Shannon (CAS) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)
10:00- Sunday Morning Prayers & Quiet Hour (Chapel) 12 11:00- Walking & Talking w/ Mariam (200) 11:30- Virtual Chair Yoga (RHPAC) 1:30- IPHONE/ TECH Class w/ Mariam (RHPAC) 4:00- SUPER BOWL PARTY w/ Cindy (200) 3:30-5:00- Social Hour (200) 6:30pm- Movie (MAX)	10:00- Pool Time w/ Jen (POOL)13 11:00- LIVE YOGA w/ JEN (RHPAC) 1:00- Mahjong Game (MCR) 1:30- Open Gym w/ Jen (LF) 2:00- BINGO w/ Gianna (200) 2:00- SHOPPING TRIP w/ Tara To Dearborn Market (Lobby) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	8:00- CREPE BAR BREAKFAST! 14 9:00am- Pool Time w/ Jen (POOL) 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 1:30-2:30- Open Revite Wellness Room 11:30- Mini Crosswords (RHPAC) 1:30- Jewelry Making w/ Tara (CAS) 3:30-5:00-Social Hour & VALENTINE'S DAY PARTY (200) 6:30pm- Movie (MAX) Valentine's Day	10:00- Pool Time w/ Jen (POOL)15 11:00- LIVE YOGA w/ JEN (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- Blanket Making Check (CAS) 3:30-5:00- SENIOR Social Hour & LIVE MUSIC w/ 2TONES NJ (4-5pm) (200) 6:30pm- Movie (MAX)	9:00am- Pool Time w/ Jen (POOL)16 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 1:30-2:30- Energize Exercise (LF) 2:00- BOOK CLUB MEETING (LIB) 2:30- Fit Minds w/ Shannon & Jen 3:30-5:00-Social Hour & Birthday Party of the Month! (200) 6:30pm- Movie (MAX)	10:30- Aromatherapy & Meditation17 w/ Jen (Chapel) 11:00- Game Fitness Hour w/ Jen (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- KARAOKE w/ The Girls! (RHPAC) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	11:00- Virtual Chair Yoga 18 11:30- Mini Crosswords w/ Brooke 2:00- Painting w/ Brooke & Shannon (CAS) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)
10:00- Sunday Morning Prayers & Quiet Hour (Chapel) 19 11:00- Walking & Talking w/ Mariam (200) 11:30- Virtual Chair Yoga (RHPAC) 1:30- IPHONE/ TECH Class w/ Mariam (RHPAC) 2:30- TV SHOW (MAX) 3:30-5:00- Social Hour (200) 6:30pm- Movie (MAX)	10:00- Pool Time w/ Jen (POOL)20 11:00- LIVE YOGA w/ JEN (RHPAC) 1:00- Mahjong Game (MCR) 1:30- Open Gym w/ Jen (LF) 2:00- BINGO (200) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX) Presidents' Day	9:00am- Pool Time w/ Jen (POOL) 21 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 11:30- Mini Crosswords w/ Gianna (RHPAC) 1:30-2:30- Open Revite Wellness Room 2:00- Jewelry Making w/ Tara (CAS) 3:30-5:00-Social Hour & LIVE MUSIC w/ ROB (200) 6:30pm- Movie (MAX) Mardi Gras	10:00- Pool Time w/ Jen (POOL)22 10:30- CATHOLIC MASS w/ FATHER GARRY (RHPAC) 11:00- LIVE YOGA w/ JEN (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- DESIGN A WOOD CARVING w/ CRIS B (RHPAC) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX) Ash Wednesday	9:00am- Pool Time w/ Jen (POOL)23 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 1:30-2:30- Energize Exercise (LF) 2:00- OWL SUCCULENT POT PAINTING w/ Tara (CAS) 2:30- Fit Minds w/ Shannon & Jen 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	10:30- Aromatherapy & Meditation24 w/ Jen (Chapel) 11:00- Game Fitness Hour w/ Jen (RHPAC) 1:30- Open Gym w/ Jen (LF) 2:00- SOAP MAKING w/ TARA (CAS) 3:30-5:00-Social Hour (200) 6:30pm- PIANO RECITAL (RHPAC)	11:00- Virtual Chair Yoga 25 11:30- Mini Crosswords w/ Brooke 2:00- Painting w/ Brooke & Shannon (CAS) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)
10:00- Sunday Morning Prayers & Quiet Hour (Chapel) 26 11:00-1:00- BRUNCH PARTY & LIVE MUSIC w/ MATT BAKER (RHPAC) 1:00-4:00- GIRL SCOUT COOKIE SALE (Lobby) 1:30- Crafting w/ Mariam (CAS) 2:30- TV SHOW (MAX) 3:30-5:00- Social Hour (200) 6:30pm- Movie (MAX)	10:00- Pool Time w/ Jen (POOL)27 11:00- LIVE YOGA w/ JEN (RHPAC) 1:00- Mahjong Game (MCR) 1:30- Open Gym w/ Jen (LF) 2:00- BINGO (200) 3:30-5:00-Social Hour (200) 6:45pm- NIGHT AT BROADWAY SHOW (RHPAC)	9:00am- Pool Time w/ Jen (POOL) 28 10:00- Step Club (200) 10:30- Stretch & Flex (3rd Floor) 11:15- Open Gym & Table (LF) 11:30- Mini Crosswords w/ Gianna (RHPAC) 1:30-2:30- Open Revite Wellness Room 2:00- Living w/ Loss Support Group (MCR) 3:30-5:00-Social Hour (200) 6:30pm- Movie (MAX)	<h1>February 2023</h1>			